

Quest Food Management

Recipe Sizing Report

001932 - sandwich-sunbutr jelly & combo : nslp- bread	Components	Attributes
HACCP Process: #1 No Cook Number of Portions: 50 Size of Portion: serving Alternate Recipe Name: sunbutter & jelly bun	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
902788 sunbutter gfs 149011.....	50 (2 TBSP = 1m/ma)	3 TB OF SUNBUTTER AND CHEESESTICK IS 2.5 MEAT MEAT ALTERANTE
903562 bread- whole wheat gfs 710650....	50 (2 slices)	
903071 jelly grape smuckers 224111.....	100 TB	
903557 cheese- co jack stix gfs 248081...	50 stick	

*Nutrients are based upon 1 Portion Size (serving)

Calories	520 kcal	Cholesterol	25 mg	Protein	19.00 g	Calcium	190.00 mg	45.00%	Calories from Total Fat
Total Fat	26.00 g	Sodium	430 mg	Vitamin A	40.0 RE	Iron	3.24 mg	10.38%	Calories from Saturated Fat
Saturated Fat	6.00 g	Carbohydrates	58.00 g	Vitamin A	200.0 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	8.00 g	Vitamin C	0.0 mg	Ash ¹	0.00 g	44.62%	Calories from Carbohydrates
								14.62%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values